Food Services Director: Jennifer Wilinsky wilinskyj@readingsd.org
Please check the District Website, Food Services Tab to learn more.

Sign Up for Schoolcafe.com to Look up nutritionals & make payments. Set up an account to receive low balance alerts.



## Reading School District Elementary School Lunch Menu March 2024



Adult Breakfast Meal - \$2.95 Adult Lunch Meal - \$5.00



Alternate Entree of the week 2/26-3/1- Wow Butter Sandwich 3/4-3/8- Yogurt Meal 3/11-3/15- Crispy Chicken Salad w/Roll 3/18-3/22- Turkey & Cheese Sandwich 3/25-3/29- Wow Butter Sandwich

\*\* Alternate Entree option will be served with fruit and vegetable of the day.\*\*\*\*

Daily Juice Variety: Only 1 Juice Allowed w/Meal Apple Juice Grape Juice Fruit Punch



## Fruit & Vegetable Options\*

Carrots Apples
Cucumbers Bananas
Broccoli Pearhes
Cauliflower Pears
Celery Pineapple
Sugar Snap Peas Strawberries

Grapes

\*\* Fruit & Vegetable Provided Depend On
Availability



(Soy Milk is available for students w/dairy allergies)



- 1	Monday	Tuesday	Wednesday	Thursday	Friday
ľ		,			1-Mar
					<b>Pizza</b> California Blend Vegetables Celery Sticks Pineapple Chunks Fresh Fruit
ŀ	4-Mar	5-Mar	6-Mar	7-Mar	8-Mar
ie	Meatball Sandwich	Chicken Tenders w/ Goldfish Crackers	Beef Hot Dog on Bun	Mac & Cheese w/ Roll	Calzonette's w/Sauce
	Steamed Broccoli Fresh Veggies Applesauce Fresh Fruit	Baked Beans Salad Greens w/Dressing Mandarin Oranges Fresh Fruit	Waffle Fries Fresh Veggies Peaches Fresh Fruit	Steamed Peas Fresh Veggies Pears Fresh Fruit	Carrot Coins Fresh Veggie Sticks Pineapples Fresh Fruit
	11-Mar	12-Mar	13-Mar	14-Mar	15-Mar
	Chicken & Waffles  Sugar Snap Peas Carrot Sticks Peaches Fresh Fruit	Walking Turkey Tacos  Lettuce & Tomato/ Salsa Cup Ranchero Pinto Beans Pineapples Fresh Fruit Churro	Maxi Cheese Sticks w/ Sauce  Roasted Broccoli Salad Greens w/Dressing Fruit Cocktail Fresh Fruit	Sweet-N-Sour Chicken Over Stir Fried Rice  Oriental Blend Vegetables Fresh Veggie Sticks Mandarin Oranges/Fresh Fruit Fortune Cookie	Pancakes w/ Sausage Patty  Hash Browns Fresh Celery Sticks Apples/Fresh Fruit
	18-Mar	19-Mar	20-Mar	21-Mar	22-Mar
	Mega Mini Chicken Nuggets w/Roll Baked Sweet Potato Tots Green Beans Peaches Fresh Fruit	Chicken or Beef Tamales  Cilantro Lime Brown Rice Roasted Black Beans & Corn Tropical Fruit Mix Fresh Fruit	Cheese Quesadilla Salsa Refried Beans Pears Fresh Fruit	Rotini Pasta w/ Meatsauce & Breadstick Roasted Cauliflower Salad Greens w/ Dressing Fruit Cocktail Fresh Fruit	Grilled Cheese Sandwich  Cherry Tomatoes w/ Ranch Dip Fresh Veggie Stücks Applesauce/Fresh Fruit Goldfish Crackers
	25-Mar	26-Mar	27-Mar	28-Mar	29-Mar
	No School	No School	No School	No School	No School
		1			



\* Don't Forget- Take at least ONE fruit or vegetable, And at least Three items in total to be a complete meal!

Choose ONE Entree: Daily Entree Special Alternate Entree Choose up to TWO Sides of Fruit:
Fresh Fruit
Fruit Cup
Fruit Juice (only 1 serving)

Choose up to <u>TWO</u> Veggies: Daily Vegetable Assorted Fresh Veggies



